



Theresa Plascencia Physical Therapy Inc.
Comprehensive. Caring. Results.

1030 County Rd. E #240, Shoreview, MN 55126
Phone: 651-493-0626
FAX: 651-493-8463

Patient Name Phone DOB / /

Referring Physician Phone Fax

Diagnosis:

- Lumbar dysfunction / pain Thoracic dysfunction / pain Shoulder
Sacral dysfunction / pain Cervical dysfunction / pain Knee
Coccydynia Urinary Urgency/Incontinence Headaches / TMJ
Pelvic pain Prenatal/Postpartum Other

Treatment:

- Evaluate and Treat as Indicated
Therapeutic Exercise, Strengthening/ Stabilization, ROM
Manual Therapy: Joint mobilization, Myofascial Release, Soft Tissue Mobilization
Postural Education / Body Mechanics Education
Pelvic Floor Biofeedback

Number of Visits

Contraindications/Precautions

Other Information

Physician's Signature Date / /